PALACE HOTEL TOKYO

evianSPA
SANITAS PER AQUAM
TOKYO

FACT SHEET

OVERVIEW

Rated Five-Star by Forbes Travel Guide, evian SPA TOKYO is the only evian® branded spa in Japan and only one of two outside of France.

Occupying 1,200 square meters of space on the fifth floor of Palace Hotel Tokyo, the award-winning facility encompasses five treatment rooms, one spa suite and separate men's & women's relaxation lounges, with French savoir-faire and Asian therapies setting the stage for one of Tokyo's most refined spa experiences.

Beyond the spa, a 127-square-meter fitness center with captivating, floor-to-ceiling views of the Imperial Palace gardens just beyond (the perimeter of which happens to double as a 5-kilometer jogging track popular with Tokyoites and visitors alike) gives credence to the hotel's reputation as being the premier destination for fitness-conscious globetrotters.

Open 24 hours, 7 days a week, the fitness center features an extensive array of cardiovascular and weight-training equipment by Technogym as well as a Kinesis system. Throughout the day, trained fitness professionals are available to assist as needed.

The hotel's indoor swimming pool measures 20 meters long by 5 meters wide and is framed on one side by wall-to-wall windows overlooking the vast green space that surrounds.

FACILITIES & AMENITIES

- Five private multi-functional treatment rooms
- One dual-bedded spa suite with private relaxation area

- Separate men's & women's relaxation lounges
- Men's heated bath
- Men's reclining bath
- Men's cold plunge pool
- Men's dry sauna
- Women's heated bath
- Women's marble sauna

- Fitness equipment by Technogym
- Four-station Kinesis functional weight-training system
- Heated indoor swimming pool with Jacuzzi
- Swimwear and fitness wear available for rent

DESIGN & MENU CONCEPT

The spa's design is a metaphorical reflection of the journey evian® natural mineral water takes through the Alps, from the loose stone garden at reception signifying the water's source on a mountaintop, to the ceiling of the treatment rooms reflecting ripples in a pond.

Each treatment room is aptly named after a peak in the Alps.

Complemented by wall-to-wall, floor-to-ceiling windows looking out on to the city's most compelling vistas, the spa's alpine-inspired design is beautifully juxtaposed with its natural setting. On a clear day, a majestic, snow-capped Mt. Fuji can be seen in the distance.

Inspired by the natural cycle of evian® water within the Alps, the spa's menu encompasses facials and body treatments themed around *celestial restoration*, *mineral enrichment*, *precious nourishment* and *renewed vitality*. It also features specific treatments tailored to men, expectant mothers and brides-to-be.

Though French sensibilities guide the treatment experience, the spa's zen, white ambiance and its minimalist aesthetic is at once remarkably serene and very Japanese. Face and body treatments incorporating Japanese botanical beauty brand *warew* and Asian massage techniques are also on offer to complement the European touch.

Enlivening splashes of an evian® red echo the array of vibrant colors that accent spaces throughout the rest of the hotel.

SPA PRODUCTS

Anne Semonin

The bespoke French beauty company Anne Semonin has been crafting high-end natural beauty products since its inception in 1985. The spa incorporates its products in facials and body treatments, recommending custom-blends based on seasonality and skin type for each spa guest.

Omnisens

Established in Paris in 2004 by Joëlle Guillemot, Omnisens draws on simple, natural ingredients to create luxurious products with delightful scents. Its aging-care products feature in evian SPA's rose quartz facials.

warew

This premium Japanese beauty brand is rooted in the traditional aesthetic of *wabi-sabi* – appreciation of the beauty in transience, imperfection and impermanence – and the belief that there is beauty in simplicity. Natural botanical ingredients, grown in Japan since ancient times (such as extracts of plum root, pine needles and magnolia bark), are the core ingredients used in its product range. *Warew* facials and body treatments are available at the spa.

PALACE HOTEL TOKYO

DESIGN HIGHLIGHTS

- Interior design by MEC Design International Corporation

- Limestone floors
- Sculptural origami-style ceiling installation
- Oak walls treated with a Japanese *kesyou-shiage* technique whereby delicate white powder is brushed over the wood, accentuating the oak's growth rings

COMPLIMENTARY YOGA

- Complimentary yoga sessions offered on Saturdays & Sundays (subject to availability, advanced registration required)

PRIVATE INSTRUCTION

- For those who prefer tailored, one-on-one instruction, private stretching, training, swimming and yoga sessions are also on offer (subject to availability, advanced booking required, prices vary)

WEBSITE

www.en.palacehoteltokyo.com/evian-spa-tokyo/

Click here to view evian SPA Tokyo's treatment menu.

2026 Forbes TRAVEL GUIDE

For the latest news, press releases and fact sheets as well as a detailed list of awards & accolades, please visit our online Newsroom.

MEDIA CONTACTS

North America | UK | Middle East
Balcony Media Group
Bill Bredesen
bbredesen@balconymediagroup.com

Southeast Asia | Australia | NZ
Balcony Media Group
Karryn Miller
kmiller@balconymediagroup.com

Hong Kong & Taiwan
Petrie PR
Linda Petrie
linda@petriepr.com

Japan
Palace Hotel Tokyo
Public Relations Department
press@palacehotel.jp

All other regions
Berkati Marketing Communications
Tiana Kartadinata
tkartadinata@berkati.com

THE LEADING HOTELS OF THE WORLD®