



PALACE HOTEL TOKYO

EVIAN SPA TOKYO FACT SHEET

OVERVIEW

Occupying 1,200 square meters of space on the fifth floor of Palace Hotel Tokyo, [evian SPA TOKYO](#) is the only evian® branded spa in Japan and only one of three outside of France.

The space encompasses five treatment rooms, one spa suite and separate men's & women's relaxation lounges, with French savoir-faire and Asian therapies setting the stage for one of Tokyo's most refined spa experiences.

Beyond the spa, a 127-square-meter [fitness center](#) with captivating, floor-to-ceiling views of the Imperial Palace gardens just beyond (the perimeter of which happens to double as a 5-kilometre jogging track popular with Tokyoites and visitors alike) gives credence to the hotel's reputation as being the premier destination for fitness-conscious globetrotters.

Open 24 hours, 7 days a week, the fitness center features an extensive array of cardiovascular and weight training equipment by Technogym and Life Fitness as well as a Kinesis System.

The hotel's indoor [swimming pool](#) measures 20 meters long by 5 meters wide and is framed on one side by wall-to-wall windows overlooking the vast green space that surrounds.

FACILITIES

- Five private multi-functional treatment rooms
- One dual-bedded spa suite with private relaxation area

- Separate men's & women's relaxation lounges
- Men's heated bath
- Men's reclining bath
- Men's cold plunge pool
- Men's dry sauna
- Women's heated bath
- Women's marble sauna

- Fitness equipment by Technogym and Life Fitness
- Four-station Kinesis functional weight training system
- Heated indoor swimming pool with Jacuzzi

- Products by [Anne Semonin](#) and [Omnisens](#) of Paris, France

DESIGN & MENU CONCEPT

The spa's design is a metaphorical reflection of the journey evian® natural mineral water takes through the Alps, from the loose stone garden at reception signifying the water's source on a mountaintop, to the ceiling of the treatment rooms reflecting ripples in a pond.



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DESIGN & MENU CONCEPT continued...

Each treatment room is aptly named after a peak in the Alps.

Complemented by wall-to-wall, floor-to-ceiling windows looking out on to the city's most compelling vistas, the spa's Alpine-inspired design is beautifully juxtaposed with its natural setting. On a clear day, a majestic, snow-capped Mt. Fuji can be seen in the distance.

Inspired by the natural cycle of evian® water within the Alps, the spa's menu encompasses treatments themed around *celestial restoration*, *mineral enrichment*, *precious nourishment* and *renewed vitality*.

Though French sensibilities guide the treatment experience, the spa's zen, white ambiance and its minimalist aesthetic is at once remarkably serene and very Japanese. Enlivening splashes of an evian® red echo the array of vibrant colors that accent spaces throughout the rest of the hotel.

MENU HIGHLIGHTS

- **Signature Treatments** – Japanese *seitai* trigger point-style bodywork combined with Swedish deep-tissue massage | detoxifying spirulina wrap | diamond powder & caviar masks
- **Journeys** – detoxifying & re-mineralizing | made-to-measure facial & body treatment | exfoliation | vitalizing scalp treatments
- **Therapies** – marine mineral mud | lymphatic drainage | fatigue and jet lag reduction therapies
- **Gentlemen's Collection** – purifying facials | detoxifying massages
- **Pre-natal Care** – relaxing body therapies | calming skin facials
- **Body Scrubs** – black sand | mineral salt | sweet almond & pistachio gommage | passion fruit & coconut scrubs
- **Facials** – brightening & replenishing | radiance booster | deep cleansing & exfoliating
- **Foot Baths** – aromatic | anti-stress | mineral salt

DESIGN ELEMENTS

- Design by MEC Design International Corporation
- Massage beds by Earthlite



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DESIGN ELEMENTS continued...

- Deep soaking tub by Agape (in the spa suite)
- Marble sauna color therapy by Thermarium
- Gentlemen's reclining bath by Thermarium
- Sculptural origami-style ceiling installation inspired by a flock of birds
- Lighting by FLOS
- Limestone floors
- Oak walls treated with a Japanese *kesyon-shiage* technique whereby delicate white powder is brushed over the wood, accentuating the oak's growth rings.

SPA HOURS & ACCESS

- 6:30 am - 10:00 pm daily
- Must be 16 years or older to use spa facilities
- Must be 18 years or older to experience spa treatments

SWIMMING POOL HOURS & ACCESS

- 6:30 am - 10:00 pm daily
- Access is restricted to between 9:00 am - 5:00 pm for children between the ages of 5 - 15 years. Children below the age of 5 are not permitted.
- Swimsuits are available for rent

FITNESS FACILITY HOURS & ACCESS

- 24 hours (accessible by keycard between 10:00 pm - 6:30 am)
- Must be 16 years or older to use fitness facilities
- Under Armour brand fitness wear is available for rent (includes t-shirt, a pair of shorts & a pair of shoes)

YOGA

- Complimentary, 60-minute yoga sessions are offered on Tuesdays & Saturdays between 7:00 - 8:00 am (advanced registration required)

CONTACT INFO

Telephone: +81 3 3211 5298 (6:00 am - 10:00 pm Tokyo time)

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[Click here](#) for online spa reservations.

[Click here](#) to view our spa treatment menu.



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WEBSITE www.en.palacehoteltokyo.com

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