



wellnessway

JAN  
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OUR 1<sup>ST</sup> ISSUE  
SPA FEATURES  
STYLE PICKS  
BODY & BATH  
PRODUCTS  
TRAVEL

NEW  
YEAR  
FRESH  
START

# AN ALPINE EXPERIENCE IN JAPAN

JUST LIKE HOW WATER JOURNEYS THROUGH THE FRENCH ALPS TO PURIFICATION, A VISIT TO THE EVIAN® SPA AT PALACE HOTEL TOKYO WILL EVOKE THE SAME EVENTUAL ARRIVAL TO BALANCE.

Words DHARMA AMIRA      Photographs Courtesy of EVIAN® SPA and PALACE HOTEL TOKYO



THE BEGINNING OF WATER'S  
JOURNEY FROM ITS  
SOURCE IN THE MOUNTAINS IS  
MIRRORED IN THE GARDEN-INSPIRED  
SEATING ARRANGEMENT AT THE  
SPA'S RECEPTION.

AS A MEMBER OF the Leading Hotels of the World, the Palace Hotel Tokyo ([en.palacehoteltokyo.com](http://en.palacehoteltokyo.com)) is a fitting home for the first evian® Spa in Japan, which opened on May 17, 2012. Located on the fifth storey of the elegant hotel, the spa overlooks the gardens and moat of Kōkyo or the Imperial Palace, with views that stretch as far as Mount Fuji on a clear day. The spa's interior combines Alpine-inspired design with Japanese serenity. Covering 12,916 square feet, the facility features five treatment rooms, a spa suite, swimming pool, relaxation lounges, and saunas. Choose your preferred treatment from the four themes—celestial restoration, mineral enrichment, precious nourishment, renewed vitality—and then lay back and completely surrender yourself to relaxation. »

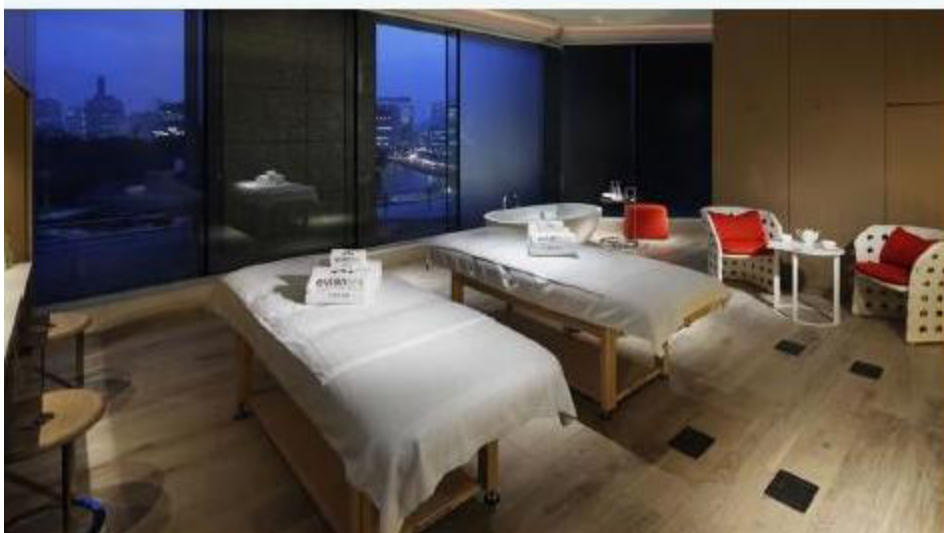
>  
EXPERIENCE PURIFICATION AND  
BALANCE WITH YOUR PARTNER  
OR BEST FRIEND, IN THE SPA SUITE  
MONT BLANC.



>  
A CEILING INSTALLATION OF  
SCULPTURAL ORIGAMI BIRDS  
ACCOMPANIES GUESTS ALONG THEIR  
STROLL TO THEIR TREATMENT ROOM.



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ENJOY UNOBSTRUCTED VIEWS OF  
THE IMPERIAL PALACE GARDENS  
FROM THE SPA SUITE MONT BLANC.

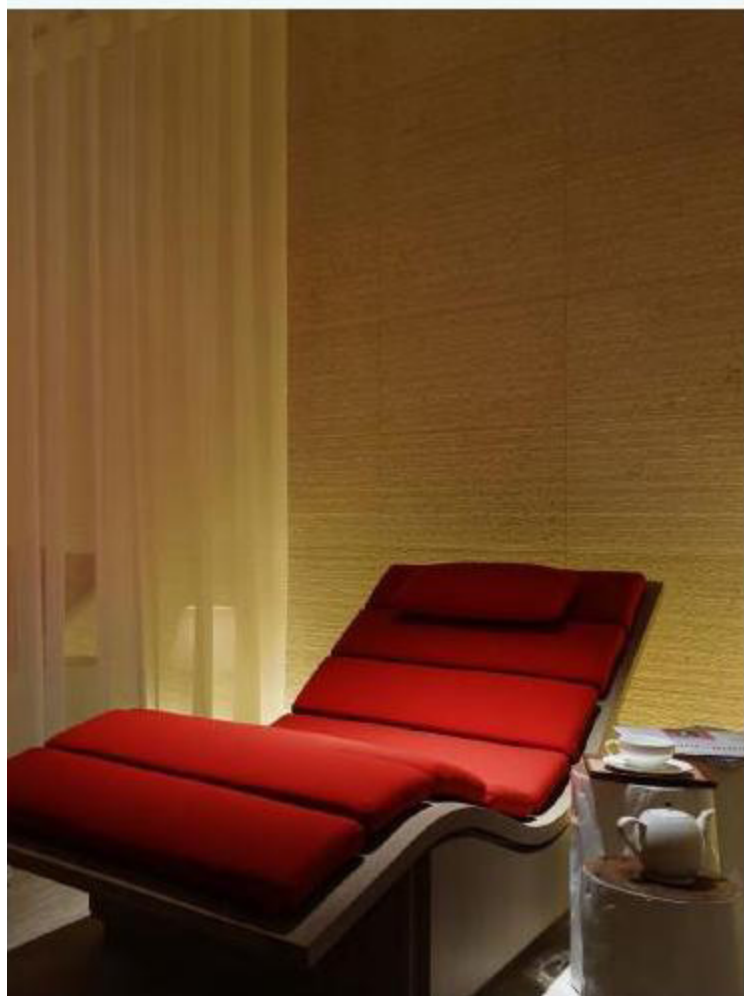




THERE ARE SEPARATE RELAXATION LOUNGES FOR MEN AND WOMEN. WARM TEA OR EVIAN® WATER AWAITS HERE.

THE TREATMENT ROOMS ARE NAMED AFTER PEAKS OF THE FRENCH ALPS: LA DENT D'OCHE, LA MEIJE, LE CERVIN, LE BREVEN AND LE MONT ROSE.

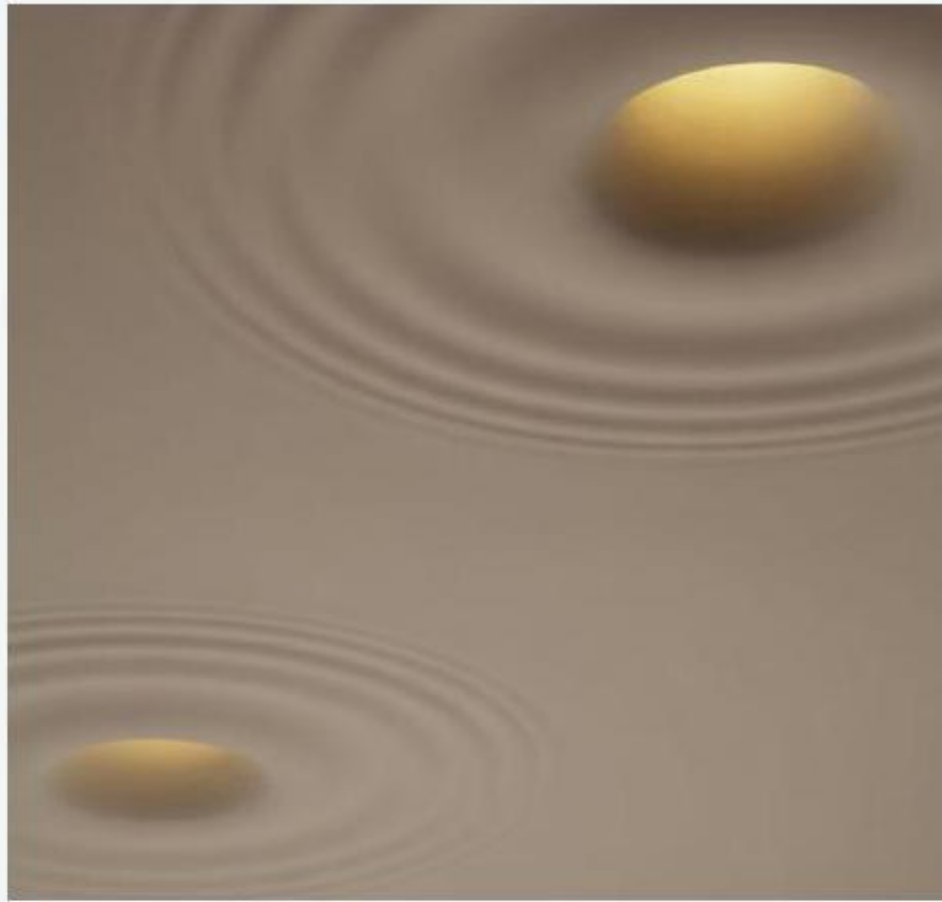
THE LADIES' CEDAR-SCENTED MARBLE SAUNA FEATURES CUSTOM-MADE HEATED SEATS AND AN LED LIGHT THERAPY TECHNOLOGY THAT RECREATES THE NATURAL 24-HOUR CYCLE OF LIGHT EXPERIENCED IN THE FRENCH ALPS.





THE SWIMMING POOL RESEMBLES  
A DEEP BLUE MOUNTAIN POND,  
COMPLEMENTED BY WALLS WITH  
THE SILHOUETTE DESIGN OF THE ALPS.

>  
CEILING DETAILS INSPIRED BY  
RIPPLES OF WATER.



<  
EACH TREATMENT ROOM IS NAMED  
AFTER A PEAK IN THE ALPS.



BESPOKE EVIAN® SPA ITEMS.



SPA PRODUCTS BY ANNE SEMONIN,  
PARIS.



SPA PRODUCTS BY OMNISENS,  
PARIS.

