



## PALACE HOTEL TOKYO

### evian SPA TOKYO FACT SHEET

#### OVERVIEW

Occupying 1,200 square meters of space on the fifth floor of Palace Hotel Tokyo, [evian SPA TOKYO](#) is the first evian® branded spa in Japan.

The space encompasses five treatment rooms, one spa suite and separate men's & women's relaxation lounges, with French savoir-faire and Asian therapies setting the stage for one of Tokyo's most refined spa experiences.

Beyond the spa, a 127-square meter [fitness facility](#) with captivating, floor-to-ceiling views of the Imperial Palace gardens just beyond (the perimeter of which happens to double as a 5-kilometre jogging track) gives credence to the hotel's reputation as being the premier destination for fitness-conscious globetrotters. Open 24 hours, 7 days a week, the latest cardiovascular and weight training equipment is a lure to the fit and soon-to-be-fit alike.

The hotel's indoor [swimming pool](#) measures 20 meters long by 5 meters wide, is framed on one side by wall-to-wall windows, and comes complete with an outdoor terrace - all of which overlook the vast green space that surrounds.

#### FACILITIES

- Five private multi-functional treatment rooms
- Dual-bedded spa suite with private bath & rain shower facilities
  
- Separate men's & women's relaxation lounges
- Gentlemen's heated bath
- Gentlemen's reclining bath
- Gentlemen's cold plunge pool
- Gentlemen's dry sauna
- Ladies' heated bath
- Ladies' marble sauna
  
- Fitness equipment by Technogym and Life Fitness
- Kinesis System
- Heated indoor swimming pool with Jacuzzi
  
- Products by [Anne Semonin](#) and [Omnisens](#) of Paris, France





## PALACE HOTEL TOKYO

### DESIGN & MENU CONCEPT

The spa's design is a metaphorical reflection of the journey evian® natural mineral water takes through the Alps, from the loose stone garden at reception signifying the water's source on a mountaintop to the ceiling of the treatment rooms reflecting ripples in a pond. Each treatment room is aptly named after a peak in the Alps.

Complemented by wall-to-wall, floor-to-ceiling windows looking out on to the city's most compelling vistas, the spa's Alpine-inspired design is beautifully juxtaposed with its natural setting. On a clear day, a majestic, snow-capped Mt. Fuji can be seen in the distance.

Inspired by the natural cycle of evian® water within the Alps, the spa's menu encompasses treatments themed around *celestial restoration, mineral enrichment, precious nourishment* and *renewed vitality*.

Though French sensibilities guide the treatment experience, the spa's zen, white ambiance and its minimalist aesthetic is at once remarkably serene and very Japanese. Enlivening splashes of an evian® red echo the array of vibrant colors that accent spaces throughout the rest of the hotel.

### MENU HIGHLIGHTS

- **Signature Treatments** – Japanese *seitai* trigger point-style bodywork combined with Swedish deep-tissue massage, detoxifying spirulina wrap, relaxing four-handed, and diamond powder and caviar mask treatments.
- **Journeys** – Detoxifying and re-mineralizing, restorative, made-to-measure facial and body treatment, back exfoliating, and vitalizing back and scalp treatment journeys.
- **Therapies** – Marine mineral mud, lymphatic drainage, and jet lag elimination therapies.
- **Body Scrubs** – Black sand, mineral salt, sweet almond and pistachio gommage, and passion fruit and coconut scrubs.
- **Facials** – Skin replenishing, precious rose quartz anti-aging, self-heating mud, and deep cleansing and revitalizing facials.
- **Foot Baths** – Anti-stress, mineral salt, precious jade and vitalizing ginseng foot baths.





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### **DESIGN ELEMENTS**

- Design by MEC Design International Corporation
- Massage beds by Earthlite
- Deep soaking tub by Agape (in the spa suite)
- Marble sauna color therapy by Thermarium
- Gentlemen's reclining bath by Thermarium
- Sculptural origami installation inspired by a flock of birds
- Lighting by FLOS
- Limestone floors
- Oak walls treated with a Japanese kesyou-shiage technique whereby delicate white powder is brushed over the wood, accentuating the oak's growth rings.

### **SPA HOURS & ACCESS**

- 6:30 am - 10:00 pm daily
- Must be 16 years or older to use spa facilities
- Must be 18 years or older to experience spa treatments

### **SWIMMING POOL HOURS & ACCESS**

- 6:30 am - 10:00 pm daily
- Access is restricted to between 9:00 am - 5:00 pm for children between the ages of 5 - 15 years. Children below the age of 5 are not permitted.

### **FITNESS FACILITY HOURS & ACCESS**

- 24 hours
- Accessible by keycard between 10:00 pm - 6:30 am
- Must be 16 years or older to use fitness facilities
- Under Armour brand workout clothes are available for rent (includes t-shirt, a pair of shorts & a pair of shoes)





## PALACE HOTEL TOKYO

### CONTACT INFO

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[Click here](#) for online spa reservations.

[Click here](#) to view our spa treatment menu.

### WEBSITE

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